# Financing School Mental Health Programs and Services

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# School Mental Health Safe Schools Healthy Students Initiative Johnson City, TN

Greg Wallace, Project Director

#### **HEROES**

- Johnson City Schools, a public school system that includes 10 schools serving 7,230 students in grades Pre-K through 12<sup>th</sup>
- Frontier Health, a private not-for-profit mental and behavioral health agency that serves as the mental health authority for Northeast Tennessee.
   Frontier Health has served as the mental health partner on three previous Safe Schools/Healthy Students grants in Tennessee
- Johnson City Police Department, the local law enforcement agency
- Johnson City Juvenile Court, the court that serves children and youth in Johnson City

#### **Number of Services**

• During the first full year of the HEROES Initiative (July 1, 2009 to June 30, 2010) the unduplicated number of students served by all the programs was 1419. This represents 19.17% of the total student enrollment for the 2010 school year. The youngest student served was 2 and the oldest was 19. The grade level of students served ranged from 37 students in pre-kindergarten up to 96 students in grade 12.

#### **JCSD Information**

- 7230 students PK-12
- 11 schools- 8 elementary; 1 middle school;
   1 high; 1 ALC
- 50.1% Free and Reduced Lunch
- 80.5% White and 19.5% Minority Enrollment
- 11.4% African American
- 5.7% Hispanic
- 2.3% Asian/Pacific Islander

Johnson City
Safe
Schools/Healthy
Students
Integrated
Mental Health
Services

#### Crisis Care

Public/Private Mental Health Clinicians

Mental Health Treatment

(Individual & Family Counseling)

**Selective Prevention** 

(Screening, Monitoring, & Brief Intervention)

#### **Universal Prevention**

(Education, Skill-Building, & Wellness Programs)

#### Mental Health Foundation and Maintenance

(School Resources and Supports for Healthy Development)

- JCSD Emergency Response Team
- Frontier Health/Youth Villages
- Frontier Health
- Juvenile Diversion Programs
- Student Assistance Program Therapists Screening and Referrals to Community and School Mental Health Programs
- Juvenile Justice Parenting Wisely Classes (Parents)
- Juvenile Justice Intensive Probation Officer, Case Management
- Student Assistance Program Therapists Screening and Referral to Community and School Mental Health Programs
- Mentoring
- Student Support Teacher ITMS
- Alternative School Employability Coach, Social Worker and Strengthening Families
- School Sports, Youth Development Programs
- School Assistance Teams
- Evidence-Based Programming: I-Care; TGFD; Project Alert; Al's Pals; Early Childhood Home Visiting Program
- Classroom Teachers, Academic Support Programs
- Guidance Counselors
- Parent Involvement
- School Safety Personnel
- Sports, Arts, and Extra-Curricular Activities

## Mental Health Foundation and Maintenance

- Classroom Teachers, Academic Support Programs
- Guidance Counselors
- Parent Involvement
- School Safety Personnel
- Sports, Arts, and Extra-Curricular Activities

#### **Universal Prevention**

- School Sports, Youth Development Programs
- School Assistance Teams
- Evidence-Based Programming: I-Care; TGFD; Project Alert; Al's Pals; Early Childhood Home Visiting Program

#### Selective Prevention

- Student Assistance Program Therapists Screening and Referral to Community and School Mental Health Programs
- Mentoring
- Student Support Teacher ITMS
- Alternative School Employability Coach, Social Worker and Strengthening Families

#### Mental Health Treatment

- Student Assistance Program Therapists Screening and Referrals to Community and School Mental Health Programs
- Juvenile Justice Parenting Wisely Classes (Parents)
- Juvenile Justice Intensive Probation Officer, Case Management

#### **Crisis Care**

JCSD Emergency Response Team

Frontier Health/Youth Villages

#### Our Plan For Sustainability

Local funding (SRO's, probation officer, school personnel)

➤ Grant opportunities

Mental health funding

#### Frontier Health

## Project BASIC

- Intervention specialists
- PreK-3
- I CARE curriculum (10-14 classes)
- School wide climate enhancement

## School-based case management

- Tennessee reimburses for case management through TennCare.
- Provides service planning in conjunction with therapy
- Community resource linkage (bus passes, free laundry etc...)
- School liaison services to improve consistency between home and school
- Medication management
- Parenting skills

## School-based case management

- Therapy and doctor contact
- School intervention as needed( to assist with behavior plans etc..)
- Group work with school based therapists
- School support and monitoring
- Crisis intervention
- Community outreach advocacy for client and family (housing authority, TennCare assistance)

## **Current Case Management**

- Woodland 8 (2)
- South Side 5
- Cherokee 5 (3)
- Mountain View 8
- Town Acres O
- Lake Ridge 2
- North Side 6 (7)
- Fairmont 6

Science Hill 10

Indian Trail 10

ALC 8

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