

UNDERSTANDING STATE & LOCAL MEDICAID SYSTEMS

Safe Schools Healthy Students: Mental
Health Affinity Group
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BACKGROUND: MEDICAID & CHIP

- ◉ Federal-State Partnership
- ◉ Federal and State Match
 - Federal Medical Assistance Percentage (FMAP)
 - Federal Financial Participation (Administrative)
- ◉ Federal Government provides overall policy direction
- ◉ States have responsibility for day to day implementation that includes some flexibility
- ◉ MEDICAID AND CHIP ARE HEALTH INSURANCE

IMPORTANCE OF MEDICAID & CHIP

- ◉ Medicaid and CHIP covers 31% if all children and youth 18 years and under
- ◉ As of 2007, Medicaid accounted for 48% of State mental health funding for all age groups
- ◉ State General funds accounted for 43% and other grant funds such as Safe Schools, Systems of Care remained stable at 9%
- ◉ It is projected that Medicaid, CHIP and health reform will account for increasing percentage of overall revenues.

OVERVIEW: OBTAINING REIMBURSEMENT

- ◉ Provider must meet state qualifications including education and licensure
- ◉ Consumer must be eligible for Medicaid or SCHIP
- ◉ Services must be covered under the State Plan or provided under EPSDT

SPECIFIC MEDICAID "PROGRAMS"

- | | |
|--|--------------------------------|
| ◉ <u>MANDATORY</u> | ◉ <u>OPTIONAL</u> |
| ◉ Early and Periodic Screening Diagnosis and Treatment (EPSDT) | ◉ Prescription drugs |
| ◉ Physician and nurse practitioner services | ◉ Rehabilitation services |
| ◉ Inpatient services | ◉ Targeted Case Management |
| ◉ FQHC's, Mental Health clinics | ◉ School-Based health services |

EPSDT

- ◉ A Benefit Under Medicaid: Ages 0-21 years,
- ◉ Mandates a Set of Benefits Including Preventive, Diagnostic, and Treatment Services, such as Health Histories; Physical Examinations; Developmental Assessment; Vision, Hearing and Dental Services; Immunizations
- ◉ Mandates Screening for Both Physical and Behavioral Health Issues

EPSDT SCREENING SERVICES

- Type and frequency of services must be based on nationally recognized standards of medical and dental care.
- Periodicity schedule must ensure that a MINIMUM number of health examinations occur at critical points in a child's life.

EPSDT DIAGNOSIS AND TREATMENT

- When screening examinations so indicate
- What services - all services covered under the state plan and any additional services (diagnostic or therapeutic) that are found necessary to diagnose and treat conditions found as a result of a screen regardless of any limitations under the state plan
- Must use all categories of providers including behavioral health
- School-based services can be covered under EPSDT

SCHOOL BASED HEALTH SERVICES

- EPSDT: *EPSDT, A Guide for Educational Services, 1980* expanded the scope of services provided including primary and specialty services, e.g. mental health, and referral and transportation
- Administrative Claiming originally allowed but cause for concern beginning in Clinton Administration
- Bush Administration regulation disallowed important services: transportation (2007)
- Obama Administration rescinded the regulation (2009)
- Examples of current State Activities: Michigan and Arkansas

ADDITIONAL RELEVANT PROGRAMS

- Rehabilitation Option
- Targeted Case Management
- 1915 [c] waivers
- Managed Care

DISCUSSION



"I will now take questions from the floor"

PARTNERSHIPS

POTENTIAL PARTNERS

- Medicaid and CHIP Agencies
 - Medicaid Director
 - Medical Director
 - EPSDT Coordinator
- Managed Care
- Federally Qualified Health Centers (FQHC)
- Mental Health Centers
- Maternal and Child Health Agencies (Title V)/Health Department
- Private Sector Providers
 - Private Practice: Psychiatrists, Psychologist, Pediatricians/Adolescent Medicine, Family Practice, Nurse Practitioners
 - Medical Schools
 - Hospitals including Children's Hospitals

NASMD WEB SITE

CONTACT INFORMATION

- Medicaid & CHIP
 - Go to www.nasmd.org "Links" to get State Plan and other information
 - Learning collaborative with Medicaid Directors/AHRQ funded
 - Also see <http://www.cms.gov/default.asp>
- Managed Care: go to NASMD link above
- FQHC: Local FQHC's found on <http://bphc.hrsa.gov>
- Mental Health Centers
<http://www.samhsa.gov/treatment/index.aspx>
- Maternal and Child Health: <http://mchb.hrsa.gov/>
- Kaiser Family Foundation: <http://www.kff.org/>

CONTACT INFORMATION

- Private Sector Examples:
 - American Academy of Pediatrics
 - www.aap.org
 - <http://www.aap.org/member/chapters/chapserv.htm>
 - American Academy of Family Physicians
 - <http://www.aafp.org/online/en/home.html>
 - National Association of Pediatric Nurse Practitioners
 - <http://www.napnap.org/index.aspx>
 - National Assembly on School-Based Health Care
 - <http://www.nasbhc.org/site/c.jsJPKWPFJrH/b.2554077/k.BEE7/Home.htm>
 - Children's Hospitals
 - <http://www.nasbhc.org/site/c.jsJPKWPFJrH/b.2554077/k.BEE7/Home.htm>

DISCUSSION



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HEALTH REFORM

KEY ACCOMPLISHMENTS

- Medicaid will cover all people under 133% Federal Poverty Level which is estimated to add an additional 16-18 million people especially young adults 18-35 years
- Children and youth with pre-existing condition cannot be denied insurance coverage
- Sets minimum standards for insurance companies with regard to mental health
- The CHIP Reauthorization mandated mental health parity

KEY ACCOMPLISHMENTS

- Improves coordination of primary care and mental health for people using the public mental health system and encourages collaborative care models
- Additional funds for the enhancements and expansion of School-Based Health clinics and FQHC's
- Encourages the use of evidence-based practices through a collaboration with AHRQ

RESOURCES

- The Commonwealth Fund
<http://www.commonwealthfund.org/>
- School-based Mental Health Network
<http://arksped.k12.ar.us/documents/medicaid/SBMHPandPManual.pdf>
- Medicaid provider manual
<http://www.michigan.gov/mdch>

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