Beyond Time Management Tips and Tricks: Putting First Things First

I	11
Crises, pressing problems, deadline projects, last-minute meeting preparation	Prevention, capacity and relationship-building, planning, restorative relaxation
III	IV
Interruptions, some calls/emails/meetings, many 'popular' activities	Junk mail, busy work, time wasters

Based on Stephen Covey's works: First Things First and 7 Habits of Highly Effective People