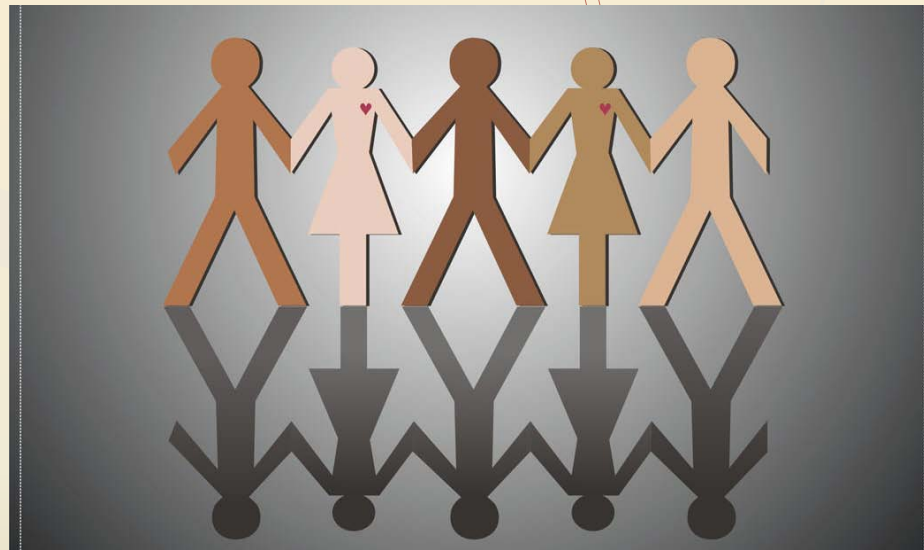


Integration of Diverse populations in Gateway



Presented by Laurel Bear, Ph.D.

Director of Student Services, Gateway To Success
Alhambra Unified School District



What is Cultural Competency?

Understanding how culture plays a role in...

- Individual or community orientation
- Roles of men, women, and children
- Family structure
- Coping styles
- Regard for common sense versus formal education
- How wealth is measured
- Competition
- Time

Language, Communication

Thoughts, Beliefs, Values

Actions, Customs

Institutions of racial, ethnic, religious, or social groups

What is Cultural Competency?

Understanding how culture plays a role in...

- Feelings about elders
- Foods
- Body language
- Facial expressions, personal space, touching
- Dress and adornment
- Attitudes toward mental illness
- Reaction to authority figures
- Definitions of success

Having the knowledge, skills, and values to effectively work with persons from backgrounds that differ from one's own.

Why is Cultural Competency Important?

- One of the main ingredients in closing the disparities gap in education and health.
- How students, teachers, parents, and clinicians can come together and talk about issues without cultural differences getting in the way.

AUSD Demographics

- 70% of students reside in low-income homes
- Predominantly immigrant
- One-third non-English speaking
- Over half the students are non-citizens
- One-fourth of students arrived in the U.S. less than 3 years ago
- AUSD families speak 27 languages

- Ethnic Breakdown:
 - 53% Asian
 - 40% Hispanic
 - 1% African American
 - 9% Caucasian and others
- 70%-81% of students receive free and reduced lunch
- Title I eligibility is 100%
- Economically disadvantaged children face a higher number of risk factors

Alhambra Community Risk Factors

Gang Involvement

Trauma exposure

Lower Income and
Educational Levels

Alcohol and Drug
Abuse

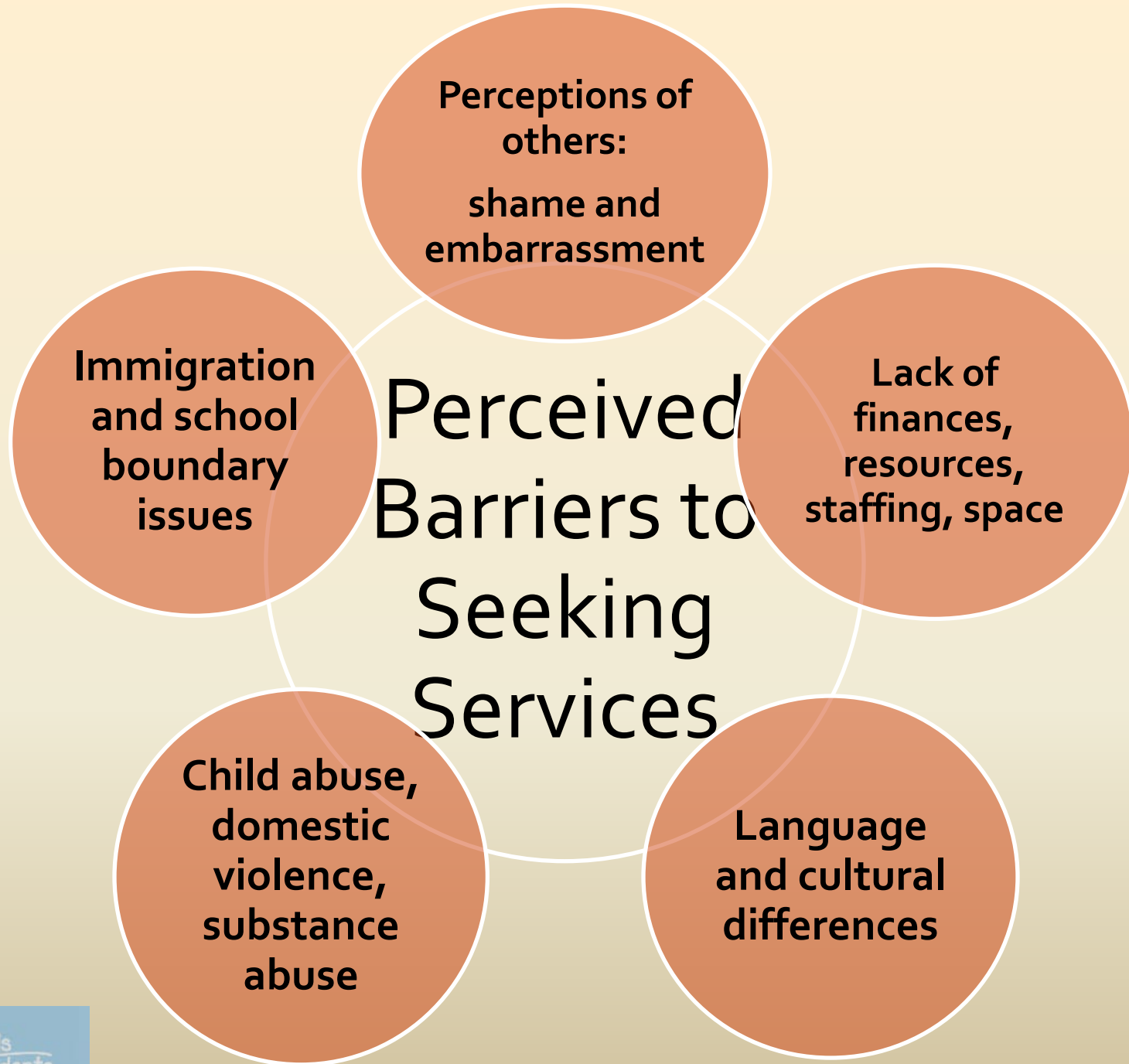
Community
Violence

Domestic Violence

Child Abuse and
Neglect

Suicide

High School Drop
Out Rates



Program Support

- Superintendent of Schools
- AUSD Board of Education
- Alliant International University
- Community Mental Health Agencies
- Police Department
- County Office of Education
- Parent Groups
- Student Groups

Interagency Partners

- Pacific Clinics
- Almansor Center
- Alliant International University
- Alhambra Police Department
- Hathaway-Sycamores Child/Family Services
- Asian Pacific Women's Center
- Asian Pacific Family Services
- Chinatown Service Center
- Action Family Counseling
- Pacific Clinics Substance Abuse
- Los Angeles County Office of Education
- Los Angeles County Department of Mental Health
- Alhambra High School Peer Counseling and Conflict Mediation

INVOLVING PARENTS AND THE COMMUNITY IN GATEWAY

Ensuring cultural competency

PARENT UNIVERSITY

- Increasing parent involvement and participation in Gateway activities
- Parent education about topics related to maximizing student functioning

"WE ALL HAVE A HAND IN EVERY CHILD'S SUCCESS!"

ALHAMBRA UNIFIED SCHOOL DISTRICT'S GATEWAY TO SUCCESS IN COOPERATION WITH THE ALHAMBRA POLICE DEPARTMENT PROUDLY PRESENTS:

PARENT UNIVERSITY

BREAKFAST AND LUNCH PROVIDED!

RELEVANT TOPICS!

FREE WORKSHOPS!

BEHAVIORAL SPECIALISTS

EDUCATORS

LAW ENFORCEMENT

YOUTH SPECIALISTS

AWARDS!

PLENTY OF FREEBIES!

ENGAGING SPEAKERS!

COMMUNITY RESOURCE VENDORS!

TRANSLATORS!



"We all have a hand in every child's success!"

PARENTS...this day will provide you with information in helping your child become more successful!

PLACE: SAN GABRIEL HIGH SCHOOL
801 S. RAMONA ST.
SAN GABRIEL, CA 91776

PARENT UNIVERSITY

“每一個孩子的成功我們都有份!”

由阿罕布拉聯合學區的邁向成功之門區和阿罕布拉市警局所榮譽提供之:

父母大學

- 提供早餐和午餐!
- 您關心的議題!
- 免費工作坊!
- 行為學家
- 教育者
- 執法人員
- 青少年學家
- 領袖!
- 很多免費贈品!
- 活潑生動的演講方式!
- 社區資源商家展出!
- 備有翻譯員!
- 廣大停車場!
- 免費托兒服務!



“每一個孩子的成功我們都有份!”

家長們...這一天可以提供您有用的資訊
來幫助您的孩子更成功!

地點: SAN GABRIEL 高中
地址: 801 S. RAMONA ST.
SAN GABRIEL, CA 91776
日期: 2010年四月17日, 星期六
時間: 早上 8:00 am 起至 下午 2:45 p.m. 結束
欲知更多細節請聯絡:
學生服務/邁向成功之門主任 LAUREL BEAR Ph.D. (羅若·貝爾博士)
電話: (626) 943-3410
傳真: bear_laurel@alhambra.k12.ca.us

¡ TODOS TENEMOS UNA MANO EN EL ÉXITO DE LOS NIÑOS

GATEWAY TO SUCCESS
DEL DISTRITO ESCOLAR
UNIFICADO DE ALHAMBRA
EN COOPERACIÓN CON EL
DEPARTAMENTO DE
POLICÍA DE ALHAMBRA
PRESENTA:
**UNIVERSIDAD
DE PADRES**



¡ DESAYUNO Y ALMUERZO GRATUITO!
¡ TEMAS RELEVANTES!
¡ TALLERES GRATUITOS!
¡ ESPECIALISTAS EN LA CONDUCTA DE JOVENES!
EDUCADORES
DEPARTAMENTO DE POLICIAS
MUCHOS PREMIOS!
PRESENTACIONES LLAMATIVAS
INFORMACION DE SERVICIOS DE LA COMUNIDAD
¡ INTERPRETES!
¡ ESTACIONAMIENTO CUIDADO DE NIÑOS GRATUITO

PADRES...este día les proveerá información de como

ayudar a sus hijos a tener más éxito

LUGAR: SAN GABRIEL HIGH SCHOOL

801 S. RAMONA ST.

SAN GABRIEL, CA 91776

FECHA: SABADO 17 de abril, 2010

HORA: REGISTRACIÓN 8:00 COMENTARIOS

FINALES 2:45 PM.

PARA MÁS INFORMACIÓN POR FAVOR LLAME A: LAUREL BEAR Ph.D., DIRECTORA-SERVICIOS AL ESTUDIANTE GATEWAY TO SUCCESS (626) 943-3410 bear_laurel@alhambra.k12.ca.us

PARENT UNIVERSITY



How Cultural Competency is Integrated

- Translations of all written materials
 - English
 - Spanish
 - Chinese
- Multi-language service providers



邁向成功之門

家長通訊

憂鬱症：家有青少年的父母應該知道的事

憂鬱症是一種情緒失調，而且是兒童和青少年最常見的情緒問題之一。有情緒失調的青少年通常不是憂鬱深沉，就是狂躁，「不合理地」興奮或亢奮。這兩者交替。情緒失調通常是由化學物質不平衡所引起，但也有可能由環境因素引起。

通常，青少年的情緒失調沒有得到治療，是因為其症狀看起來像「正常」十幾歲時期經常有的情緒起伏行為。除此之外，許多青少年不願尋求幫助，因為他們不想被印上精神疾病的烙印。同時，青少年不易得知他們身體的變化，如果得不到治療，情緒失調會導致學業及行為上的問題，成績不及格，急躁易怒，濫用藥物成癮，危險性性行為或自我傷害行為。

不過，情緒失調是可以治療的。如果達到問題，父母知道症狀，並且知道如何尋求適當的協助，才可以幫助他們的青少年子女。

青少年憂鬱症的跡象和症狀

雖然因為生活中發生積極的事，如所愛的人去世或與男女友分手，而憂鬱或情況是正常的，長時間發生或復發的憂鬱症狀就非正常生活及人際關係。

- 有嚴重的行為與情緒等發生問題。
- 學習有困難或學校成績退步。
- 食慾增加或減少等變化。
- 常哭或嘔吐、怕熱、原來由的發燒、流鼻涕。
- 對曾經喜歡與贊的專業活動失去興趣。
- 長期對活動或朋友變得無動心或沒有興趣。
- 對他自己及周圍的一切，感覺很自怨。
- 失眠、坐立不安的睡眠變化。
- 這些症狀持續幾星期。
- 體力精力增加明顯減少。
- 對有關的活動興趣增加，如能持續或濫用藥物。

您可以為孩子做的事

- 學習了解情緒失調症及其治療方法。
- 注意孩子的情緒起伏、體力高低、行為風氣，寫下來作為紀錄，以後就醫時拿給醫生參考。
- 幫助你的孩子維持一個健康的營養、休息、運動、活動等的規律。
- 向學校輔導老師諮詢，他們是良好的專家資源，因為你常與他們見面他們也可以諮詢。


與你的孩子和學校合作可以確保所有孩子的福祉，保持你的家人健康愉快。

邁向成功之門

Laurel Bear 羅拉·貝爾博士
阿罕布拉市學區
邁向成功之門計劃主任


邁向成功之門

Rosalie Finer 羅莎莉·費納博士
阿罕布拉大學
專業服務中心主任
報名及查詢電話：(626) 943-3410



Gateway to Success

Boletín Para Los Padres



Acoso en las Escuelas:

Que Pueden Hacer Los Padres Para Ayudar

El acoso es un problema creciente en las escuelas y los encobezados de violencia en la escuela puede ser alarmantes. Como padres, hacemos el mayor esfuerzo para proteger a nuestros hijos de daños físicos y emocionales. Sin embargo, el trabajo difícil de proteger a nuestros hijos es mayor cuando los enviamos a la escuela en donde no podemos estar con ellos para guiarlos. A veces, es difícil saber si nuestro hijo está siendo acosado. Los niños tienen diferentes reacciones para el acoso: pueden sentir miedo, vergüenza o tristeza de decirse a alguien. Enseguida algunas cosas que usted puede hacer, si se da cuenta de que su hijo esta siendo acosado en la escuela.

1. Observe signos en su hijo de retraimiento en interacciones sociales en la escuela y la casa. Su hijo puede ponerse triste, ansioso y preocupado para asistir a la escuela. Su hijo también puede ser más agresivo físicamente en la escuela con el intento de protegerse.
2. Hable con su hijo abiertamente y de la oportunidad de expresar lo que le pasa en la escuela.
3. No brique a las conclusiones o reacciones rápidas. Hable sobre diferentes formas de tratar el acoso que a usted y su hijo les gustarian.
3. Enséñele a su hijo a como defenderse del acoso. Usted puede animar a su hijo a defenderse de forma apropiada como decir, "NO," o "Mantente Lejos!"
4. Hable con la escuela sobre como tratar los acosos. Mantenga a la escuela informado de alguna situación de acoso que este fuera de control.
5. Hágale saber a su hijo que usted esta siempre abierto y dispuesto a hablar con el de la situación o de cualquier otro cuestión que este sucediendo en su vida.

Entrada al Éxito

Laurel Bear, PhD
Directora Escolar Unificada de Alhambra
Directora de la Entrada al Éxito

Entrada al Éxito

Rosalie Finer, PhD
Universidad Internacional Alhambra
Directora del Centro de Servicios Profesionales
Para más información (626) 943-3410

Entrada al Éxito

Patsy Khemtongira, PsyD
Universidad Internacional Alhambra
Coordinadora del Programa Proyecto Ejecutivos

May 2010



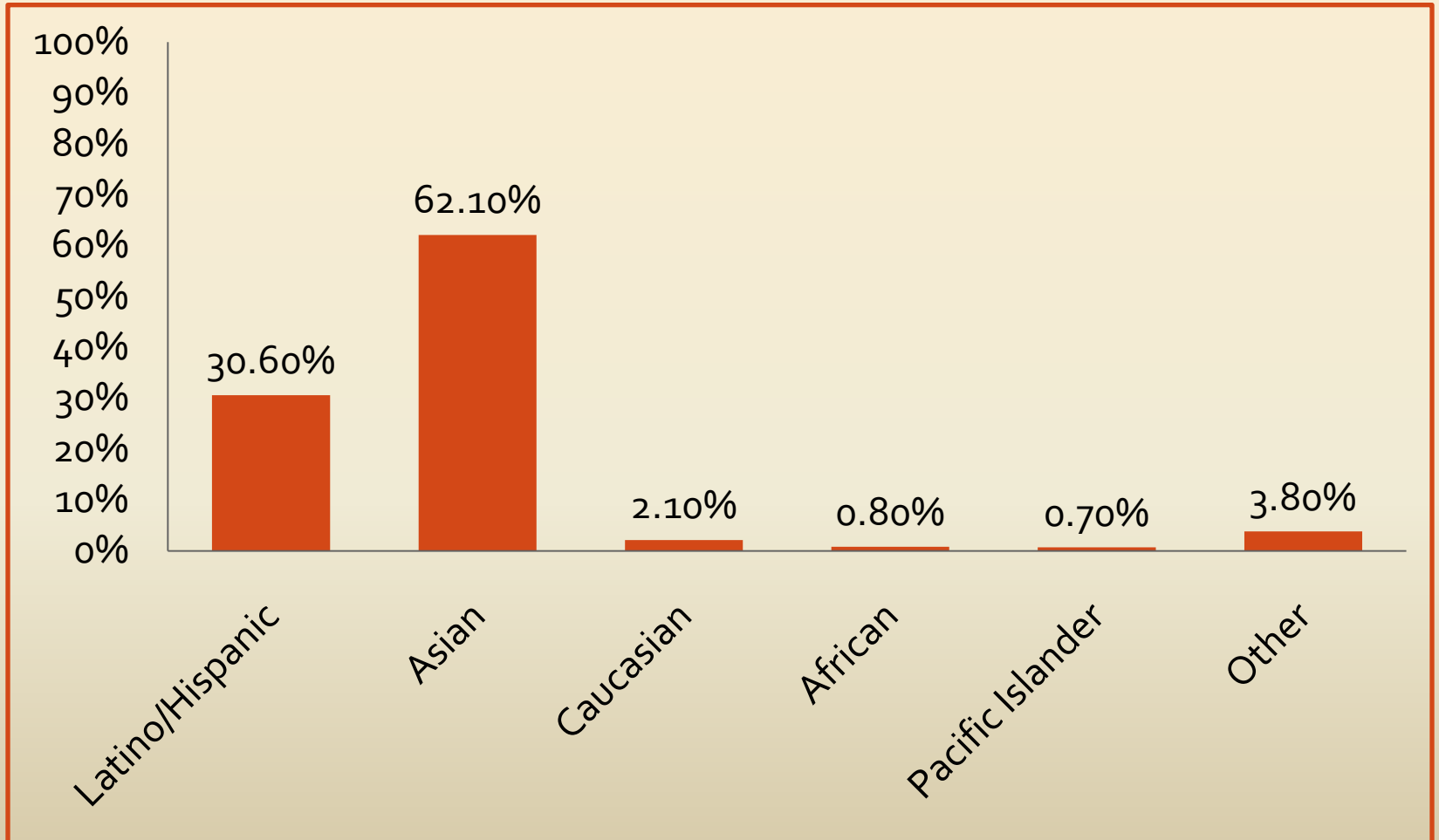
SCHOOL CLIMATE

Measuring the feeling at our schools



What is School Climate?

- The general cohesive, group culture and interactive behavior at school.
 - Includes parents, students, teachers, surrounding community
- Greater school climate leads to great commitment of students to school (Weiss, 2005).
- AUSD School Climate Survey
 - 56 questions distributed to students and parents



Demographics of participating parents





Parents' Perceptions of School Climate

	Absolutely Disagree	Disagree	Agree	Absolutely Agree
Respect and Trust <ul style="list-style-type: none"> • People respect different cultures at school. • I trust people at this school. • People at school treat each other with respect. 				
Feeling Unsafe <ul style="list-style-type: none"> • I have seen weapons at school. • It is easy to find drugs at school. • I know students who drink alcohol at school. 				


Parents' Perceptions of School Climate

	Absolutely Disagree	Disagree	Agree	Absolutely Agree
Exclusion <ul style="list-style-type: none"> • There are bullies at school. • Students exclude other students because they are different. • People at school put each other down. 				
Help and Care <ul style="list-style-type: none"> • Parents do not feel important to this school • I cannot get the support & help that I need at school. • Information about mental health is not available through the school. • The counselors at school do not care about students & families. 				

Parents' Perceptions of School Climate




	Absolutely Disagree	Disagree	Agree	Absolutely Agree
<p>Involvement</p> <ul style="list-style-type: none"> The school provides ways for families to be involved at school. I have participated in at least 1 school event since Sept. 2008. I know about different events at school. I feel like I belong at school. 				
<p>Welcome</p> <ul style="list-style-type: none"> I do not feel welcome at the school.* The school is warm and caring place. I feel welcomed at school functions. <p>*Item was reverse coded to denote positive endorsement</p>				

Parents' Perceptions of School Climate

	Absolutely Disagree	Disagree	Agree	Absolutely Agree
<p>Communication</p> <ul style="list-style-type: none"> • The school sends out surveys to get my opinion about how things are going at school. • People at school try to help others when things do not go well. • At school, people's individuality is appreciated. • I have learned about different services available at school. • People are encouraged to express their views. 				




Students' Perceptions of School Climate

"School is a positive place."

	Absolutely Disagree	Disagree	Agree	Absolutely Agree
Elementary				
Middle School				
High School				



Students' Perceptions of School Climate

"I trust people at this school."

	Absolutely Disagree	Disagree	Agree	Absolutely Agree
Elementary				
Middle School				
High School				




Students' Perceptions of School Climate

“People at school do not care about each other.”

	Absolutely Disagree	Disagree	Agree	Absolutely Agree
Elementary				
Middle School				
High School				




Students' Perceptions of School Climate

“The school is a warm and caring place.”

	Absolutely Disagree	Disagree	Agree	Absolutely Agree
Elementary				
Middle School				
High School				

Students' Perceptions of School Climate

“People at school treat each other with respect.”

	Absolutely Disagree	Disagree	Agree	Absolutely Agree
Elementary				
Middle School				
High School				

Students' Perceptions of School Climate

“People at school try to help others when things do not go well.”

	Absolutely Disagree	Disagree	Agree	Absolutely Agree
Elementary			★	
Middle School			★	
High School			★	

Conclusions

- ✓ System change in school-based services
- ✓ Seamless service delivery
- ✓ Integrated approach
- ✓ “Buy-in” from all partners and school personnel
- ✓ Establish a greater understanding of the children we influence
- ✓ Listen to the voices of the community

