

## Schenectady City School District SSHS

### Addressing Suicide Prevention

- I. History
  - A. Demographics
    - Urban school system
    - 27 different languages spoken
    - %60 Free and Reduced lunches
  - B. Cluster suicides
    - Four teen suicides in five months
    - All high school students
    - All Black girls
- II. Outcomes
  - A. Community Interventions
    - County Crisis Teams (district and community collaborators)
    - Crisis protocol established
    - Community Forums
  - B. School Interventions
    - Emergency informational numbers given to students
    - Identified student leaders to spread positive messages on MYSPACE
    - Safe School Ambassadors ([www.community-matters.org](http://www.community-matters.org))
    - After school Speak Out sessions
    - Point Break program implemented at the high school ([www.biddle.com](http://www.biddle.com))
    - [Safe Talk](#) staff training
    - Expansion of mental health screenings
    - Enhanced communication
- III. Challenges
  - A. Sustaining Mental Health Services (post SSHS)
  - B. Yearly Mental Health Trainings
  - C. Sharing Student Information
  - D. After Care Services