MH Affinity Group Session 2

Strategies to Implement MH in Schools

TAS Facilitators

Beth Freeman and Jennifer Kitson

Phase 2: Implementation

- **School MH Delivery: Program Specifics**
  - **who, what, when, where, how?**
- **Referral Processes**
- **Confidentiality**
- **Introduce SMH program to school & community**
- **Education/Training of SMH**
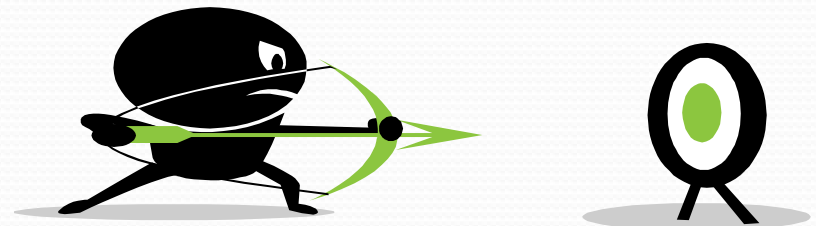- **Overcoming stigma**
- **Maximize Resources**

Phase II: Implementation

- Who, what, when, where, how?
  - **Who is the best person to develop SMH program?** Who provides what service?
  - What is the referral process? **Who can refer?** What are the confidentiality rules/laws?
  - **When will the SMH program begin?**
  - Where will the SMH program be located in the school to promote confidentiality?
  - **How will the program be introduced to school staff, parents, youth, community?**

Phase II: Implementation

- **Education/Training of MH issues**
  - **Teacher/staff meetings**
  - **PTO meetings**
  - **Community organizations**
- **Introduce SMH program to school / community**
  - **Newsletters, flyers, classroom presentations, school website**
- **MH Stigma**
  - **What is the best way to address stigma …**
    - **school, community**
    - **parents and youth**

Phase II: Implementation

- **School Governance**
  - Determine roles & responsibilities for SMH staff
    - Who does SMH counselor report to at school?
    - Who will be the liaison for school and MH provider?
    - Work hours, holidays, family home visits, etc.
  - Supervisor of SMH program staff
    - Liability issues: school, community MH provider
  - Continually build relationships with school staff, school assistance team and community providers

Phase II: Implementation

- **Work smarter, not harder!**
  - **Maximize resources**
    - **School assistance teams refer to providers**
    - **School teams provide interventions/services**
  - **Efficient use of time**
    - **Create manageable caseload for each SMH staff**
      - **Schedule time for intervention, consultation w/parents & teachers, planning/paperwork**
    - **Organization & time management = productivity, decreased stress and effectiveness**

Breakout Rooms

- ***When we're ready to start:***
- When you hear audio recording "breakout rooms have been opened"
- Press # and then press the number of your room assignment
- The TAS assigned to your group will take notes from your conversation
- Choose someone from the group to report out
- Take 15 minutes to introduce yourselves and discuss the questions
- Questions / Problems? Raise hand or type in Questions box.

Breakout Room Assignments

- Room # 1 –SD's with < 10K students
  - Facilitator: Kelly Wells

- Room # 2 – SD's with < 20K students
  - Facilitator: Beth Freeman

- Room # 3 – SD's with > 20K students
  - Facilitator: Jennifer Kitson

Breakout Group #1

- MH Delivery - Topics for Discussion
- Create an environment to increase School MH
  - Access to parents and students
  - Service utilization in school
  - Service utilization in community
- Confidentiality
  - Consents
  - Share information between school staff, MH, JJ, etc.
  - Creating a confidential space for SMH sessions

Group Reports

Breakout Group #2

MH Social/Emotional/ Behavioral Services – Topics for Discussion Various SMH needs

- Universal – prevention/ awareness

- Indicated – early intervention
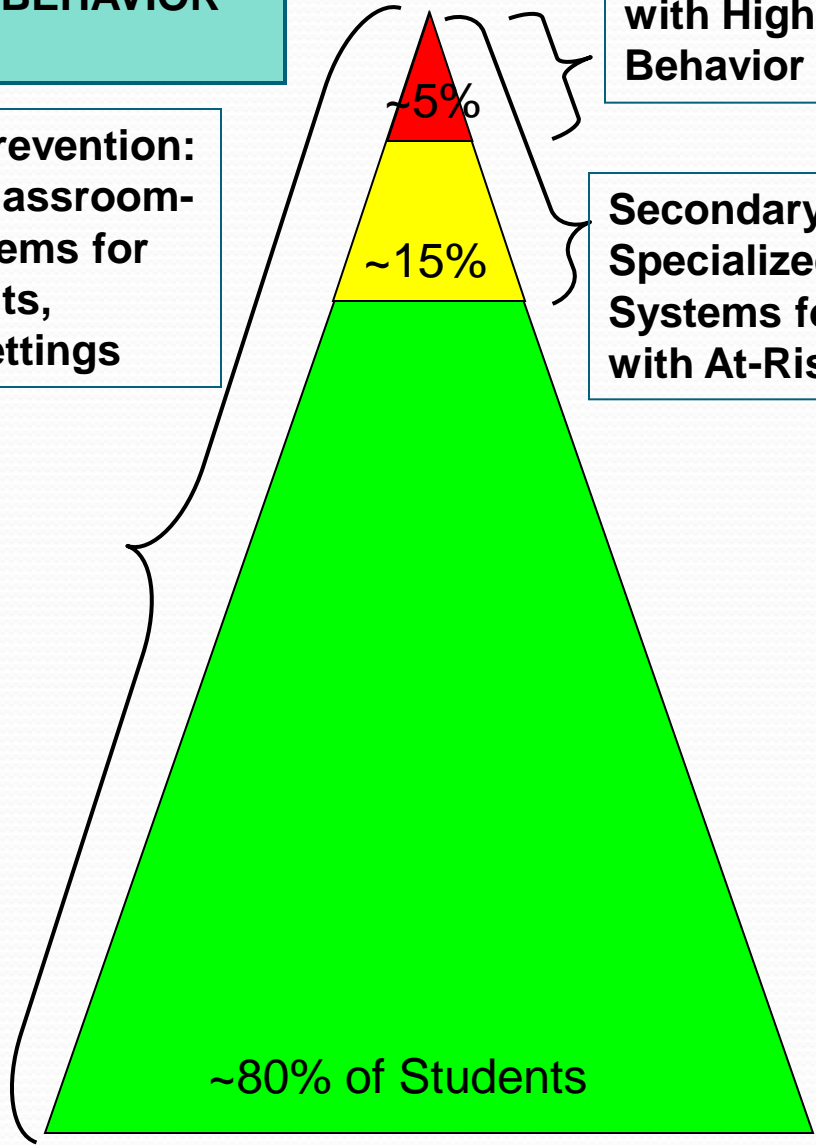
- Targeted – specific interventions

MH Diagnosis

- SMH

- MH provider in community

CONTINUUM OF SCHOOL-WIDE INSTRUCTIONAL & POSITIVE BEHAVIOR SUPPORT

Primary Prevention: School-/Classroom-Wide Systems for All Students, Staff, & Settings

Tertiary Prevention: Specialized Individualized Systems for Students with High-Risk Behavior

Secondary Prevention: Specialized Group Systems for Students with At-Risk Behavior

~5%

~15%

~80% of Students

Group Reports

Breakout Group #3

- Referral Process – Topics for Discussion
- Protocol for referrals
  - Teachers, guidance, parent, student
- Obtaining appropriate MH paperwork
- Parental Permission for SMH
- Consents for treatment
- Information Sharing

Group Reports

Next Steps

MH Affinity Group – 11/11/09
Topic: Training

MH Affinity Group - EZ site link
http://learn.aero.und.edu/pages.asp?PageID=144296