

Strategies to Develop Trainings for School Staff Related to Mental Health Issues in Schools

MH Affinity Group –
November 30, 2009

Facilitators: Jennifer Kitson & Beth Freeman

DETERMINE MH TRAINING NEEDS

- ✘ Who is needed on the professional development team?
- ✘ When can we meet to plan?
- ✘ What information do we need?
- ✘ What MH issues are most prominent at school?
- ✘ Who needs training? Cross training opportunities?
- ✘ What are the continuing education needs?

DETERMINE MH TRAINING NEEDS

- ✘ What are the training costs?
- ✘ When could the training be provided & where?
- ✘ How will the training be provided?
- ✘ How long does the training need to be?
- ✘ How much time do we have to provide training?
- ✘ Who will provide the training?
- ✘ Who will be the best trainer on a MH topic?

POLL

- ✘ My site is completing/has completed the following:
 - + Developed a MH professional development plan for school staff.
 - + Developed a staff survey to determine MH topics needed for training.
 - + Developed a survey to determine classroom strategies needed to address MH issues.
 - + Assessed your school to determine unmet student MH needs.

MH Professional Development Action Plan

BREAKOUT ROOMS

- ✘ *When we're ready to start:*
- ✘ Press the following code into your keypad:
 - + *3*X#
 - “X” is the number of the room you are entering
- ✘ The TAS assigned to your group will take notes from your conversation and report out in large group
- ✘ Take 17 minutes to introduce yourselves and discuss the questions

BREAKOUT ROOM ASSIGNMENTS

- ✘ Room # 1 – SD's with < 10K students
 - Facilitator: Jennifer Kitson & Kylene Rivera
- ✘ Room # 2 – SD's with < 20K students
 - + Facilitator: John Rosiak & Mike Scheffler
- ✘ Room # 3 – SD's with > 20K students
 - + Facilitator: Beth Freeman

When you are ready, please hit *3*X#

“X” is the number of the room you are entering!

BREAKOUT GROUP 1

- ✘ How have you addressed the following challenges?
- ✘ Time for staff participation, district wide training
- ✘ Planning logistics, communication to staff, coordination
- ✘ Obtaining MH / ATOD personnel for training
- ✘ Roles, responsibilities of school staff
- ✘ Determining roles, responsibilities of SSHS partner staff (MH & ATOD)
- ✘ Consistency in MH training

When you are ready, please hit *3*X#

“X” is the number of the room you are entering!

GROUP REPORTS

BREAKOUT GROUP 2

- ✘ How have you addressed the following challenges?
- ✘ Recognizing need to address MH issues at school:
- ✘ Stigma?
- ✘ What to look for as a MH issue?
- ✘ When to seek help from MH professionals?
- ✘ How to work with students w/MH needs?
- ✘ Resources to address MH issues

When you are ready, please hit *3*X#

“X” is the number of the room you are entering!

GROUP REPORTS

BREAKOUT GROUP 3

- ✘ How have you addressed the following challenges?
- ✘ Recognizing MH Crisis
- ✘ When and how to initiate a MH referral?
- ✘ Suicide assessment
- ✘ Understanding how drugs/alcohol are often used for self-medication to cover up MH issues

When you are ready, please hit *3*X#

“X” is the number of the room you are entering!

GROUP REPORTS

TRAINING TOPICS & RESOURCES

NEXT MHAG TOPIC: “DEVELOPING SUSTAINABLE SCHOOL MH PROGRAMS”

REGISTRATION INFORMATION WILL BE SENT 1/2010

MHAG MATERIALS CAN BE ACCESSED
EZ SITE LINK

[HTTP://LEARN.AERO.UND.EDU/PAGES.ASP?PAGEID=144296](http://learn.aero.und.edu/pages.asp?pageid=144296)