	Key Content Elements/Concepts															Core Learning Strategies																
Second Step® Middle School		Unit 1						Anger- Management Unit			Prok	olem-	-Solving	Unit		Applying Skills Unit			Discussion					Role-Play with Skill Rehearsal						lome- Transfer vork of Training		
(When a concept or skill is only addressed in a particular level, the level is identified in parentheses.)		standing ersonal Conflict	unicating and ng	fying Feelings	ing Empathy	ing Others' spectives	ing Labeling tereotyping fying Anger	ging Anger	ing Stress (2)	l Copir	tifying the Iem	ating Solutions	lating Solutions	σ _	tting Goals (3)	ıl Skills Venece Skille		unication skills m-Solving Skills	orking with a artner	iscussion eting a	(read aloud or on video) Responding to Questions	unicating Ideas	ng to Others	ng from Video lays	<i>r</i> isation	king Roles orking with a Small	ı Others' ctives	pping Skill Steps	ors	n Assignments ng Skills	thy Skills r-Management	m-Solving Skills
Subject	Academic Content Standard	Unders	Comm	Identif	Showir	Taking Perspe	Reduci and Sto	Manag	Handli	Advan	Identif	Genera	Evalua	Applyii Reflect	Setting	Refusal	Asserti	Proble	Workir	Class D Interpr	(read a video) Respor	Commi	Listenii	Learnir Role-Pl	Improv	Taking	Taking	Develo	Renear	Written Ay Applying 9	Empathy Anger-Ma Skills	Proble
Language Arts	Uses the general skills and strategies of the writing process Uses reading skills and strategies to understand and interpret a variety of literary texts Uses listening and speaking strategies for different purposes		√			<u>/</u>										•	/ /	/ /	✓	√			✓		√	/	,	√	V		✓	
	9. Uses viewing skills and strategies to understand and interpret visual media 2. Known and interpret and output of the start that affects to the start that affects the start that affects to the start that affects the start that af				✓						/									•				✓								
Health	Knows environmental and external factors that affect individual and community health Knows how to maintain mental and emotional health Knows essential concepts and practices concerning injury prevention and safety	/	√	√	√	√	J J J				J	J	J	/ /		S S S S S S S S S S			√	√		/	✓	/		/ /	7	1.	/	J	J J J	
Science	12. Understands the nature of scientific inquiry			/							/	/		//				1														
Math	Uses a variety of strategies in the problem-solving process										1	/	1					1						/				1	/	1		1
Civics	11. Understands the role of diversity in American life and the importance of shared values, political beliefs, and civic beliefs in an increasingly diverse American society 27. Understands how certain character traits enhance citizens'					<u>/</u>					/	/	1					/ /	/				/			√					1	
Physical Ed.	ability to fulfill personal and civic responsibilities 5. Understands the social and personal responsibility associated with participation in physical activity					V					V		V				V											V		V		,
Arts-Theater	Uses acting skills				V		V																			1					V	
	Understands how informal and formal theater, film, television, and electronic media productions create and communicate meaning																									/	/					
	1. Sets and manages goals										/													/				/		/		
Life Skills-	2. Performs self-appraisal											/																/,				
	3. Considers risks			✓			✓											/										/				
Self-Regulation	4. Demonstrates perseverance										/	/	/ /			/ /		/						<u> </u>				•				
	5. Maintains a healthy self-concept					<u> </u>			<u> </u>							1								√				1				
	Restrains impulsivity Understands and applies basic principles of presenting an					√			V		√													√		-						
Life Skills– Thinking and	2. Understands and applies basic principles of logic and reasoning					<u>✓</u>							/											<u>/</u>								
Reasoning (underlies all academic subjects)	Understands and applies basic principles of hypothesis testing and scientific inquiry			/		/	✓						/	/																		1
	5. Applies basic troubleshooting and problem-solving techniques					/					/	/	//			//		/ /						/		/						
	6. Applies decision-making techniques					✓					1	/	//					/						/								
Life Skills– Working with Others	1. Contributes to overall effort of group		/		/												V			/	/	/		/		/ /		•				
	2. Uses conflict-resolution techniques				/	<u> </u>	/ /		/		/	/	//	///			/ /							/								
	3. Works well with diverse individuals in diverse situations				/		/										/		/									.				
	4. Displays effective interpersonal communication skills		✓	✓	✓	✓	/ /	/	V				•			•	/ /		√	/		/	/	√	√			•				
	Demonstrates leadership skills Understands that group and cultural influences contribute to																									√		1				
Behavioral Studies	Nonderstands that group and cultural influences contribute to human development, identity, and behavior Understands various meanings of social group, general implications of group membership, and different ways that groups function				√		√				/					√												•			✓	
	3. Understands that interactions among learning, inheritance, and physical development affect human behavior		/		/								/	1							/			/	/	/		•		/	/	1
	Understands conflict, cooperation, and interdependence among individuals, groups, and institutions	1				/					1	1	1			1												1				