## VAN BUREN SCHOOLS

SAFE SCHOOLS/HEALTHY STUDENTS INITIATIVE 2005-2009

### ABOUT VAN BUREN

- VAN BUREN COUNTY, IOWA
- POP:7500
- RURAL, NEARLY A COUNTY WIDE DISTRICT IN SOUTHEAST IOWA
- 4 BUILDING SITES-20 MILES APART
- ABOUT 750 STUDENTS
- HIGH POVERTY
- HIGH UNEMPLOYMENT

### ABOUT VAN BUREN

- BEAUTIFUL PLACE TO LIVE AND WORK
- DEDICATED, WELL EDUCATED STAFF
- PROACTIVE BOARD AND RESOURCEFUL SUPERINTENDENT
- RECEIVED ABOUT \$15M IN STATE AND FEDERAL GRANTS OVER LAST 10 YEARS

### EXISTING PROGRAMS

- POSITIVE BEHAVIOR SUPPORT (PBS)
- BOYS TOWN /GIRLS TOWN
- ALL DISTRICT PERONNEL TRAINED IN A
   FRAMEWORK FOR UNDERSTANDING
   POVERTY (Ruby K Payne, Ph.D.)

## OUR SS/HS LOGIC MODEL GOALS

- IMPROVE PRO-SOCIAL BEHAVIOR PRE K-12
- REDUCE AGE OF ONSET AND LEVELS OF SUBSTANCE ABUSE 3-12
- INCREASE AT-RISK CONNECTEDNESS TO SCHOOL
- IMPROVE TIMELINESS AND APPROPRIATENESS OF MENTAL HEALTH SERVICES
- PROVIDE POLICY REVIEW AND SAFETY AUDIT
- IMPROVE COMMUNITY COLLABORATION RELATED TO SAFETY AND MENTAL HEALTH SERVICES

#### PARTNERS

- VAN BUREN COMMUNITY SCHOOL
   DISTRICT
- VAN BUREN COUNTY SHERIFF
- VAN BUREN COUNTY/HOSPITAL
- VAN BUREN COUNTY MENTAL HEALTH
- JUVENILE COURT SERVICES

#### SS/HS INITIATED EB PROGRAMS

- ALL STARS
- LIFESKILLS
- OLWEUS
- RECONNECTING YOUTH
- INCREDIBLE YEARS
- LEADERSHIP AND RESILIENCY
- AGGRESSOR/VICTIM/BYSTANDERS (AVB) (added in year 4)

### SS/HS INITIATED SERVICES

- WORK EXPERIENCE
- CREDIT RECOVERY
- COUNSELING/CASE MANAGEMENT
- ON SITE MENTAL HEALTH SERVICES
- SCHOOL RESOURCE OFFICER (SRO)
- MOA WITH SHERIFF'S OFFICE, SHERIFF'S RESERVE, AND COUNTY EMERGENCY MANAGEMENT
- EMERGENCY MANAGEMENT/ CRISIS RESPONSE TEAMS
- SCHOOL SAFETY AUDIT
- SCHOOL SAFETY INFRASTRUCTURE
- SCHOOL BUS MONITORS/CLASSROOM PARAPROFESSIONALS
- COMMUNITIES MOBILIZING FOR CHANGE ON ALCOHOL (CMCA) SAFE COALITION
- COMMUNITY NETWORKING WITH ALL LOCAL HUMAN RESOURCES

#### EVIDENCE BASED PROGRAMS

- TRAINING
- MATERIALS
- GUIDELINES/CURRICULUM
- EVALUATION TOOLS
- FIDELITY=POSITIVE RESULTS

#### **OUR APPROACH**

- HIRE PROFESSIONALS TO IMPLEMENT PROGRAMS
- 2 SOCIAL WORKERS
- 2 "COUNSELORS"
- 3 IMPLEMENTATION TRAINERS

### SUSTAIN TRAINING

- PAY TO TRAIN THE TRAINERS
- TRAIN DISTRICT PERSONNEL
- INVOLVE DISTRICT STAFF AND ADMINISTRATION IN ALL DECISIONS

■ **PBS**: DISTRICT STAFF BOUGHT IN TO THE CONCEPT AND SAW THE RESULTS. SS/HS HELPED SUSTAIN A PROGRAM THAT WORKS FOR THE DISTRICT

 ALL STARS: TRAINING STAFF HELPED WITH MIDDLE SCHOOL CURRICULUM.
 COMPLEMENTS A GOOD SRO CURRICULUM

TRAINING, BUT DISTRICT STAFF
BENEFITTED FROM CLASSROOM
MANAGEMENT COMPONENT

■ **AVB**: EXCELLENT TRAINING; REALISTIC APPROACH TO YOUNG PEOPLE; VERY FLEXIBLE; ESPECIALLY USEFUL FOR MIDDLE SCHOOL

## PROGRAMS WITH MIXED RESULTS

- LIFESKILLS: DISTRICT UNABLE TO SUSTAIN CURRICULUM
- **OLWEUS**: CONFLICTS A BIT WITH PBS AND DISTRICT PHILOSOPHY
- RECONNECTING YOUTH: DISTRICT UNABLE TO SUSTAIN CURRICULUM
- LEADERSHIP AND RESILIENCY: WEAK TRAINING; AMBIGUOUS GOALS

### LESSONS LEARNED

- EB PROGRAMS MUST FIT DISTRICT PHILOSOPHY
- DESIGN EB PROGRAMS TO FIT THE SIZE OF YOUR DISTRICT(S)
- USEFUL EB PROGRAMS ARE FLEXIBLE
- GOOD TEACHERS MAKE EB PROGRAMS FIT THE STUDENTS IN THE ROOM
- DISTRICT STAFF MUST ULTIMATELY CARRY THE LOAD
- REQUEST A PROGRAM CHANGE IF SOMETHING ISN'T WORKING