

Strategies/Resources for Planning Sustained Mental Health Services (75 minutes)

Description: The session will provide project directors an arena to discuss their concerns related to sustainability; an opportunity to obtain tools and ideas from other SS/HS grantees that will benefit them in sustaining mental health programs as well as an opportunity to develop a sustainability plan. A wealth of experience will be shared from a current 2005 SS/HS project director, past grantee/PD and a mental health state program director, who will be available to assist you in development of your sustainability plan.

Agenda:

1. Introductions, session agenda, stories, and resources (20 min)

2. Three groups by size of community (10 min)

Complete self-assessment of current MH, share among the group members, then regroup for next activity

3. Small group tables (25 min)

Small Group work with discussion prompts; identify a reporter
Facilitators record on flip chart paper

4. Share out from small group discussions (10 min)

What are your strengths? What is needed?

5. What are the next steps? (5 min)

Individually complete action planning sheet

6. Wrap up and answer questions (5 min)