

Crisis Counseling Assistance and Training Program (CCP)

Background

- Authorized under the Robert T. Stafford Disaster Relief and Emergency Assistance Act of 1974 (Stafford Act)
- Funded by the Federal Emergency Management Agency (FEMA)
- Administered through an interagency partnership of FEMA and SAMHSA Center for Mental Health Services (CMHS)
- Requires a Presidential Declaration for Individual Assistance (IA)
- Provides short-term behavioral health support when response needs exceed the State's capacity
- Mission of the CCP is to assist individuals and communities to recover from the challenging effects of natural and human-caused disasters.

CCP Services vs. Traditional Treatment

| Traditional Treatment | Crisis Counseling |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none">• Office based.• Diagnoses and treats mental illnesses.• Focuses on personality and functioning.• Examines content.• Explores past experiences and influence on current problems.• Psycho-therapeutic focus.• Keeps records, charts, case files, etc. | <ul style="list-style-type: none">• Home and community based.• Assesses strengths and coping skills.• Counsels on disaster-related issues.• Accepts content at face value.• Validates common reactions and experiences.• Psycho-educational focus.• Does not collect identifying information. |

SAMHSA Disaster Technical Assistance Center

Disaster Behavioral Health Information Series (DBHIS)

Contains themed resource collections and toolkits that are pertinent to the DBH field.

- Children and Youth
- Deployed Military Personnel and Their Families
- Disaster-Specific
- Immediate Disaster Response
 - Disasters in Japan
 - Deepwater Horizon Oil Spill (archived)
 - Haiti (archived)
- Languages Other than English
- Older Adults
- Pandemic Influenza
- Persons with Functional and Access Needs
- Public Safety Workers
- Resilience and Stress Management
- Rural Populations
- Tribal Organizations

Contact DTAC

For training and technical assistance inquiries, please access the following resources:

- Toll-free phone: 1-800-308-3515
- Email: DTAC@samhsa.hhs.gov
- Website: <http://www.samhsa.gov/dtac>



The National Child Traumatic Stress Network

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About the National Child Traumatic Stress Network (NCTSN)

- Established as part of the Children's Health Act of 2000, the National Child Traumatic Stress Network (NCTSN) is a unique congressional initiative, intended to bring about widespread and lasting improvement in the lives of traumatized children and their families across the United States.
- The NCTSN supports the development and broad adoption of evidence-based interventions to increase the standard of care, and provides a means to transform services through sustained collaboration among Network academic, clinical, and community service centers.

About the National Child Traumatic Stress Network (NCTSN)

- The NCTSN brings together expertise to address the specific needs of all ages of children (preschool and school age children and adolescents) who are exposed to a wide range of trauma, including:
 - physical and sexual abuse
 - violence in families and communities
 - natural disasters and terrorism
 - accidental or violent death of a loved one
 - refugee and war experiences
 - life-threatening injury and illness

Network Organization

- **National Center for Child Traumatic Stress (NCCTS)**
Develops and maintains Network structure, coordinates collaborative activity, oversees resource development, and coordinates national training and education.
- **Category IIs – Treatment and Services Adaptation Centers**
Provide national expertise, take the lead in identifying and adapting effective treatments and services, develop training and implementation materials, and collaborate with Category IIIs.
- **Category IIIs – Community Treatment and Services Centers**
Promote the local use of trauma-informed practices and interventions, provide or support treatment locally, collaborate with Category IIs, and work to transform service delivery.
- **Affiliates**
Formerly-funded centers and individuals at those centers who continue to remain active with the Network.



Key Facts about Child Traumatic Stress

Key Facts about Child Traumatic Stress

Child Traumatic Stress is common

- More than 25 percent of American youth experience a serious traumatic event by the age of 16, and many children suffer multiple and repeated traumas.
- Common sources of trauma include abuse and neglect; serious accidental injury; disasters and terrorism; experiencing or witnessing violence in neighborhoods, schools, and homes; and treatment for life-threatening illness.
- A child exposed to a traumatic event is at risk of developing traumatic stress. Children are more vulnerable to trauma because of their size, age, and dependence.

Key Facts about Child Traumatic Stress

Treatments work

- Treatment from a mental health professional who has training and experience working with traumatized children can reduce child traumatic stress and minimize physical, emotional, and social problems.
- Trauma treatments for children may include psychotherapy and medications, and may involve families, and schools and other systems of care.

Learning Center for Child and Adolescent Trauma

Target Audiences

- Mental Health Professionals
- Medical Professionals
- Caregivers
- Educators
- Parents

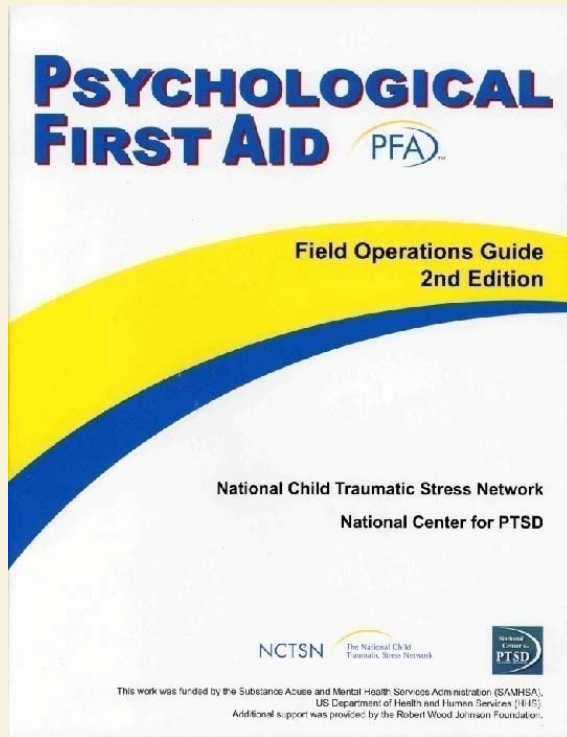
Key Disaster Related Resources on the Learning Center

- Terrorism, Disaster and Children Speaker Series
- Child Traumatic Grief Speaker Series
- Psychological First Aid (PFA) Online



Key Products and Resources of the National Child Traumatic Stress Network

Psychological First Aid (PFA)



Target Audience

- Educators, mental health professionals, medical professionals, law enforcement officers and first responders

Description

- An evidence-informed approach for assisting children, adolescents, adults, and families in the aftermath of disasters and terrorism

Format

- Printed manual

Child Trauma Toolkit for Educators

NCTSN The National Child
Traumatic Stress Network
**Child Trauma Toolkit
for Educators**



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Target Audience


- Educators, school administrators, parents and caregivers

Description

- Provides basic information about working with traumatized children in the school system

Format

- Binder with removable sections



**For more information on NCTSN
resources, and up-to-date and
scientific information on child
and adolescent trauma, please
visit:**

www.NCTSN.org

Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover