

Handout 3: Integrating Substance Abuse Prevention into Project LAUNCH

General Project LAUNCH Strategies	Substance Abuse Prevention Integration	Substance Abuse Prevention Related TA Resource Need	Substance Abuse Prevention Evidence-based Strategies with links ¹
<u>Mental Health Consultation Early Childhood Settings</u> Early childhood mental health consultation (ECMHC) is provided by a professional consultant with mental health expertise working collaboratively with early childhood education staff, programs, and/or families	<ul style="list-style-type: none"> • Consultation regarding alcohol or other drug abuse in the home • Provide early childhood teachers with information on Children of Alcoholics and family addiction • Provide information on what teachers can do and what they already do to assist children living in families with substance abuse. • Provide early childhood teachers with referral resources • Provide early childhood teachers with information on age appropriate decision making skills 	<ul style="list-style-type: none"> • Community and State resources for training on family addiction in early childhood settings • Educational materials on family substance abuse for teachers • Contact information for local substance abuse resources and referral information • Distance learning and other capacity building opportunities to increase knowledge about substance abuse prevention (i.e. Fetal Alcohol Syndrome-The Course) 	<ul style="list-style-type: none"> • Al's Pals: Kids Making Healthy Choices, ages 3-8 • An Apple A Day, ages K-grade 4 • Footprints for Life, grades 2-3 • Good Behavior Game, grades 1-2 • Healthy Alternatives for Little Ones (HALO), ages 3-6 • I Can Problem Solve (ICPS), ages 4-12 • I'm Special, grades 3-4 • Media Detective, ages 6-12 • Michigan Model for Health, grades K-12 • PATHS Preschool, ages 3-5 • Red Cliff Wellness School Curriculum, K-3 (goes to grade 12) • Second Step, ages 4-14 • Too Good for Drugs, K-12
<u>Mental Health Consultation in Primary Care Settings</u> Provide consultation services to assist children and families to access mental health services (Cont'd)	<ul style="list-style-type: none"> • Assess family members for substance abuse and or make referrals to community based providers and other resources (SBIRT, others) • Provide phone consultation for families and early childhood centers regarding issues of substance abuse, family interventions and or supporting family members in early recovery 	<ul style="list-style-type: none"> • Information on substance abuse assessment and referrals 	<ul style="list-style-type: none"> • Screening, Brief Intervention, Referral and Treatment (SBIRT) • Motivational Interviewing Other Resources: <ul style="list-style-type: none"> • Alcohol Screening and Brief Intervention for Youth: A Practitioners Guide • Fetal Alcohol Spectrum Disorders (FASD), Center for Excellence • Adult Children of Alcoholics • National Association of Children of Alcoholics

¹ National Registry of Evidence-based Programs and Practices (NREPP) <http://nrepp.samhsa.gov>

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<u>Home Visiting</u> Working directly with families and caregivers in natural environments, these home-visiting programs are able to offer the support and guidance families need. Many states have developed extensive home visitation efforts.	<ul style="list-style-type: none"> Educate home visitors on family substance abuse signs and symptoms. Home visitors can provide family members with referral to community based resources for family members who are misusing and or abusing substances and their family members who are impacted by this abuse. Home visitors can provide information to Adult Children of Substance Abusers who may still be affected by the substance abuse they grew up with. 	<ul style="list-style-type: none"> Community and State resources for training on family addiction Training resources on family substance abuse for community-level human services providers Resources and referral information on Adult Children of Substance Abusers 	<ul style="list-style-type: none"> Nurse-Family Partnership, prenatal-infants Nurturing Parent Programs, age 0-5; and 5-12 <p>Other Resources:</p> <ul style="list-style-type: none"> Alcohol Screening and Brief Intervention for Youth: A Practitioners Guide Fetal Alcohol Spectrum Disorders (FASD), Center for Excellence Adult Children of Alcoholics National Association of Children of Alcoholics
<u>Family Strengthening and Parent Skills Training</u> Evidence-based tools and approaches help families create healthy environments for their young children.	<ul style="list-style-type: none"> Target parents at risk for substance abuse or those that are in the early stages of recovery for family education. Select an evidenced based family strengthening program that target substance abuse risk and protective factors. 	<ul style="list-style-type: none"> Identification and outreach to families at risk for substance abuse, substance abusers or families with members in recovery in communities served by Project LAUNCH 	<ul style="list-style-type: none"> Active Parenting Now, ages 2-12 Celebrating Families! ages 4-17 Children in Between DARE to be You!, ages 2-5 Families and Schools Together (FAST), elementary school, also have Baby FAST Parenting Wisely, ages 3-18 Schools and Families Educating Children (SAFEChildren), grade 1 Strengthening Families, ages 3-16

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<p><u>Behavioral Health into Primary Care</u></p> <p>Integration models seek to bring mental health expertise into the primary care practice both through having mental health consultants on site and through training primary care staff to be able to recognize, assess, and provide appropriate referrals to help their patients who have mental health needs</p>	<ul style="list-style-type: none"> • Provide primary care staff training on substance abuse and the family • Provide primary care staff with resources and referrals regarding substance abuse education and treatment resources 	<ul style="list-style-type: none"> • Community and or State training and other resources on family addiction for primary care staff 	<ul style="list-style-type: none"> • Screening, Brief Intervention, Referral and Treatment (SBIRT) • Motivational Interviewing <p>Other resources:</p> <ul style="list-style-type: none"> • Alcohol Screening and Brief Intervention for Youth: A Practitioners Guide • Fetal Alcohol Spectrum Disorders (FASD), Center for Excellence • Adult Children of Alcoholics • National Association of Children of Alcoholics

For additional information on resources available to support the integration of substance abuse prevention into Project LAUNCH, refer to **Handout 4: Additional Resources**

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