

# LAUNCH Sustainability Discussion

May 15, 2012  
Massachusetts

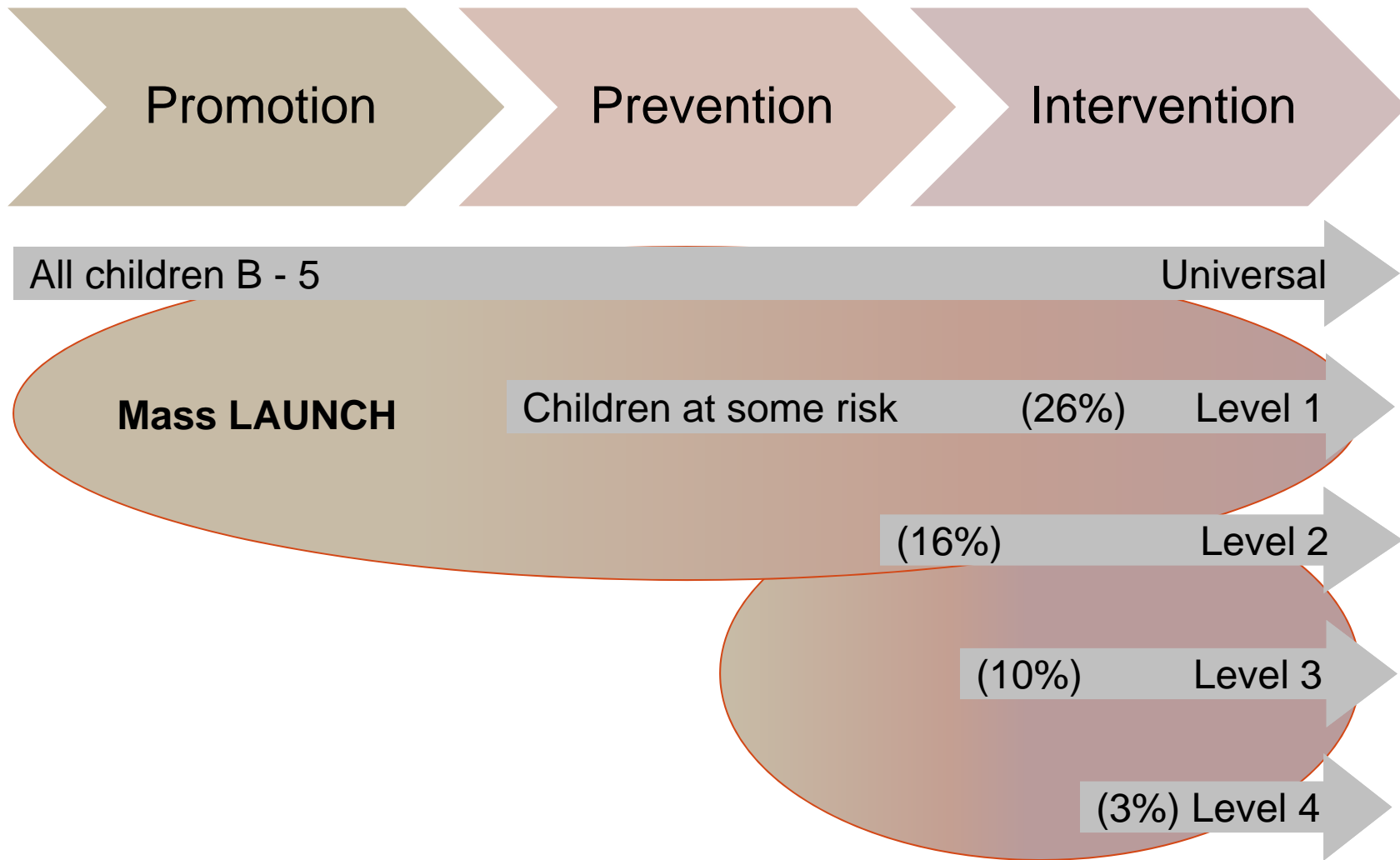


# LAUNCH Sites –Location is key

LAUNCH Sites are pediatric medical homes:

- Codman Square Health Center
- Martha Eliot Health Center
- BMC Primary Care Pediatrics
  
- These sites are located in communities that have high poverty rates, have multiple cultures and have high rates of violence.

# Where is LAUNCH in the System of Care?

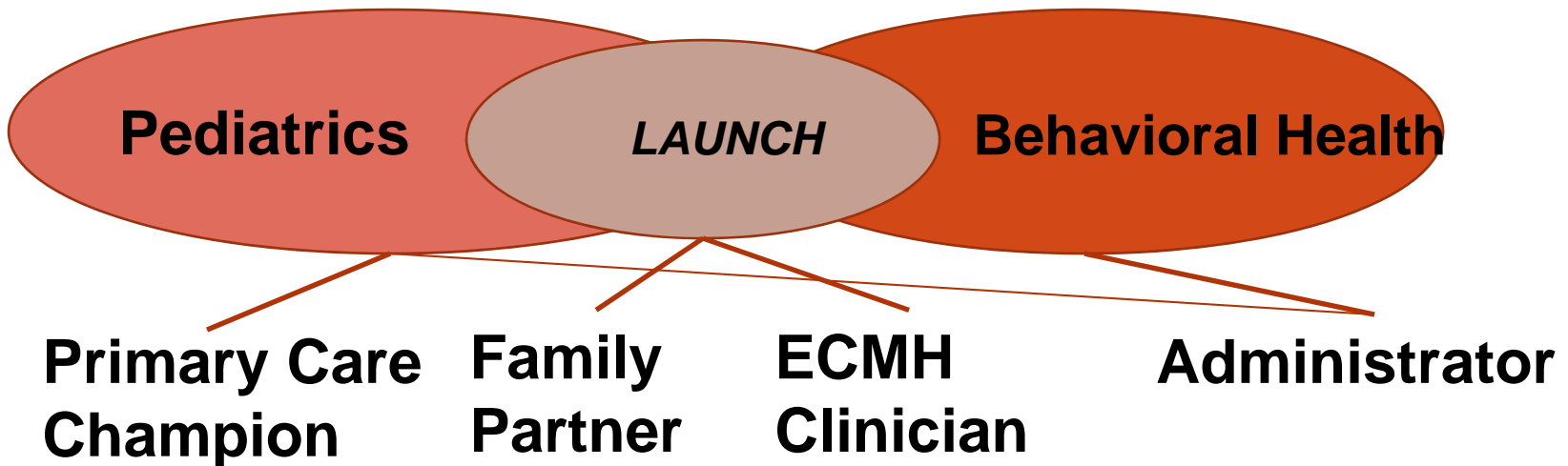


# Sustainability Plan

- MYCHILD/LAUNCH

- A person of influence becomes reliant on the “team”
- Bill behavioral health services provided by the mental health clinician to insurers
- Bill the family partner “wrap around “ and case management services to MassHealth
- Evaluation demonstrates cost savings
- Evaluation demonstrates value of the mh clinician and/or family partner to the medical home and becomes a standard of practice in pediatrics.

***Become Indispensable*** Integration at the site



**Bridging the Pediatrics & Behavioral Health Departments**

- Embeds an ***ECMH Clinician and Family Partner*** into Pediatric Primary Care or BHCHP Family Outreach Team
- Identifies **Primary Care Champion** as liaison between providers & LAUNCH
- Identifies **Administrator**, either Pedi manager or Behavioral Health Director, as facilitator of improved communication

# Referrals & Engagement/Assessment

**Referrals from Medical Home:  
Well Visits**  
*Tools: PEDS & PSC Screens*

**Direct Referrals from Shelters & Early  
Childhood Programs**

## **'Warm Handoff' to MYCHILD/LAUNCH**

- Family Partner or ECMH Clinician introduced to Caregiver at end of Well Visit or at Shelter
- Or, referral through Electronic Medical Records

**Feedback  
to Primary Care  
Providers**

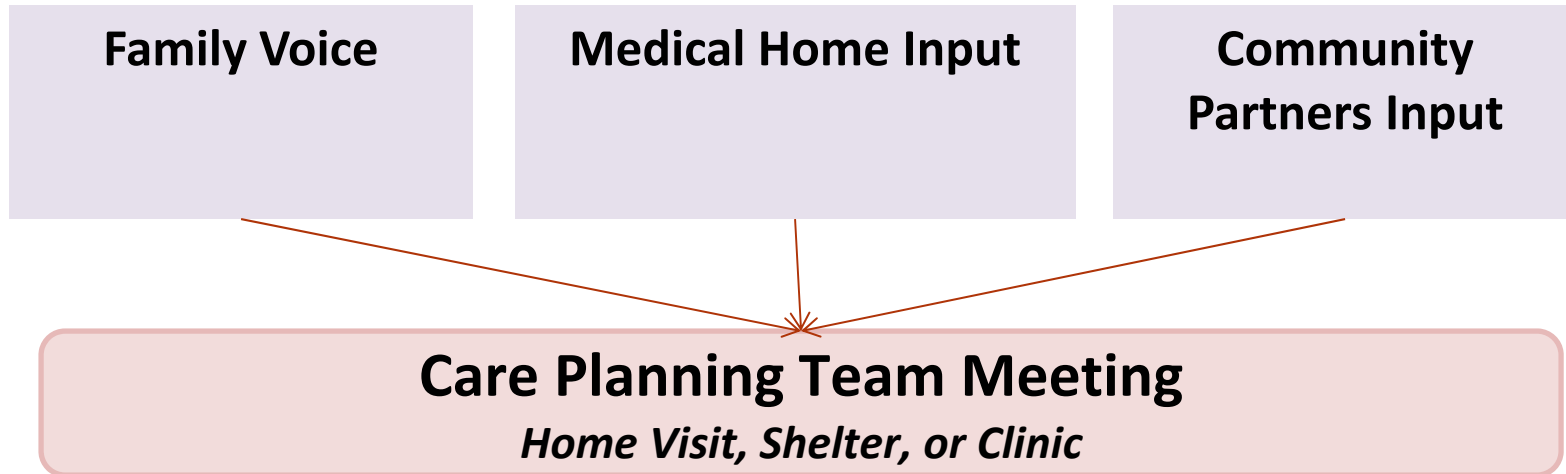
**Feedback  
to Shelter Staff &  
Outreach Team**

## **Engagement & Assessment MYCHILD/LAUNCH**

Series of visits with ECMH Clinician & Family Partner to build relationship and identify caregiver-identified strengths & needs. Strive to identify Natural Supports.

*LAUNCH Tools: ASQ-SE, NBO, PSI, PHQ-2 or PHQ-9*

# Integrate your work: Care Plan Development



**Individualized Care Plan**

**Family Vision:** "We will..."

**Family Strengths:** "Parent is... Child likes to... Parent & Child express..."

Goals	Indicator	Strategies/Services Discussed	Strategies/Services Selected	Tasks	Person Responsible	Goal Date

# Care Plans

## *Types of Services & Strategies*

- **Home visits** for accessible family support & therapy
- **Nurturing programs** to strengthen parent-child interactions
- **Linkage to community-based** early childhood programs
- **Resources** to meet family's basic needs (food, heat, carseats etc)
- Connection to **culturally-relevant family activities** (community centers, events)
- Provide referrals to **Child or parent-child dyad therapy**
- **MH consultation** to Childcare, Preschool, & Shelter staff
- Linkage to **parent mental health services**
- **Referrals** to specialized behavioral health services

**Care Coordination**



# Role of Trauma

- 26% of children in US will witness or experience a traumatic event before the age of 4
- 35% of children exposed to a single traumatic event will develop serious MH problems
- Young children exposed to 5 or more significant adversities in their first three years of childhood face a 76% likelihood of having one or more delays in their cognitive, language or emotional development.

**Early childhood trauma affects brain development.  
The brain has a clear role in addiction and mental disorder.**

# Why are you afraid to diagnose?



- Trauma (anxiety in children; childhood stress; PTSD-more prolonged)
- Some physical sxs- decreased appetite, new or recurrent bedwetting, sleep disturbances, upset stomach, stuttering.
- Some emotional or behavioral health sxs- worries, can't relax, aggressive behavior, stubborn behavior, unwilling to participate in home or school activities.
- Adjustment Reaction- to an event/death/6 months or less in duration- a new school/bullying

# Common Billing Codes

- **Billing Codes Available**
- Intake and Assessment 90801
- Individual Therapy (child) 90806
- Family Therapy 90847
- Case consultation 90882
- Family consultation 90887
- Collateral Contact H0046

*Child is the identified patient for all billing*

# Evaluation

## *Direct Services*

- Child & Family Outcomes
  - Caregiver surveys (LAUNCH: ASQ-SE, NBO, CBCL, PSI-SF, PHQ2 or PHQ-9)
- Caregiver satisfaction
  - Focus groups, Caregiver Survey: National Survey/Children with Special Health Care (NSCSHCN )questions
- Cultural & family responsiveness of services
  - Caregiver Survey: NSCSHCN questions

# Evaluation

## *Cost & Model Adoption*

- Cost effectiveness & Healthcare utilization
  - Medicaid Data
- Adoption of LAUNCH Model
  - Medical Home Index